

Community Flavors

Celebrate the diversity of our neighbors through food! Learn about different cultural dishes through a cooking demonstration (samples included), expand your culinary techniques and chat with a dietitian. The class ends by tasting what we made together.

Date

Second Wednesday each month from
5:00 p.m. – 6:30 p.m.

Location

Community Wellness Center
5145 N. Francisco Ave.
Chicago, IL 60625
Located in Galter LifeCenter

Registration

All events are free unless otherwise indicated.
Reservations required for all events.
Please call 773-878-6888, option 3 or visit
SwedishCovenant.org/event

Interested in cooking?

We are always accepting community members who are interested in teaching a Community Flavors class. Instructors will receive a token of appreciation for their time. Scan the QR code to sign up!

